



Rotary Opens Opportunities

Rotary

Club of Rancho Santa Fe



We meet Wednesdays at 12:00 PM at the Rancho Santa Fe Golf Club—5827 Via De La Cumbre Rancho Santa Fe, CA 92067

August Calendar - Speakers & Virtual Zoom Meetings

August 5th

Kevin McCormack

"Stem Cell"

August 12th

Kelly Douglas, Esq.

"Health, Wellness, and Fun"

August 19th

Marjorie Saylor

"Shining a light on the path to healing from exploitation"

August 26th

DARK

Board Meeting 10:30 - 12:00 PM

California Stem Cell Agency



CA Institute for Regenerative Medicine

Kevin McCormack is the communications director at CIRM, the state's stem cell agency. He considers himself to be the official translator for the agency, working to turn complex language about equally complex science into everyday English that anyone can understand. Before joining the agency he spent more than 20 years working as a journalist, most of that in TV news here in San Francisco.

The mission of CIRM is accelerating stem cell treatments to patients with unmet medical needs. When taking action, we consider what impact our efforts will have in these areas:

1. Will it speed up the development of a stem cell treatment?
2. Will it increase the likelihood of success?
3. Will it fill an unmet medical need?

<https://www.cirm.ca.gov/about-cirm/our-mission>

Rancho Santa Fe Golf Club

5827 Via de la Cumbre,

Rancho Santa Fe

<https://www.rsforotary.com/>

RSF Newsletter August 2020

Voices for Children



Health, Wellness, and Fun

Kelly joined Voices for Children, Inc. as the President & CEO in October 2019. A native San Diegan, Kelly spent the last 26 years working in San Diego's legal and higher education communities. Kelly received her law degree from Duke University and a bachelor's degree in international relations from Stanford University.

Voices for Children was founded in 1980. Our mission is to transform the lives of abused, abandoned, or neglected children by providing them with trained, volunteer Court Appointed Special Advocates (CASAs). Voices for Children actively monitors and reviews the cases of all children in the county's foster care system and provides a CASA to every child who needs one. <https://www.speakupnow.org/>



Voices for Children
A child heard. A life changed.

The Well Path



Long Term & Transitional Housing

Marjorie is a survivor of many forms of exploitation and she understands what it takes to successfully leave a life of abuse and exchange it for a life of freedom. She knows all too well the needs of the women we serve and aims to be an example of hope and encouragement as she works with The Well Path to provide avenues to the many forms of healing that are needed to make it out and stay out.

Her dream for The Well Path began as she saw a need for more emergency housing and links to resources during her years of working directly with survivors of sexual exploitation and human trafficking. Marjorie has made it her mission to bridge the gap in stable housing to reduce recidivism by providing the much needed emergency housing as most current programs do not offer emergency resources.

<https://www.thewellpath.org/>

Healthy on You



July 29 Zoom Social

Our in-house chef Sam graciously provided delicious summer recipes for our summer happy hour. Spiked Watermelon Lemonade Spiced Summer Tomato Crostini



August
2020



MONTHLY NEWSLETTER

Rotary Club Celebrations!

Member Birthdays:

01 August - Mary Raser
04 August - Lisa Kern
04 August - Mary Murray
18 August - Denise Stein
19 August - Charles LiMandri
22 August - Roshanak Clune
22 August - Tatiana Novick
29 August - Sabi Singh



Wedding Anniversaries:

18 August - Sharon & Tim Considine
28 August - William & Karla Banning

Your Actions Save Lives

Keep California Health. Wear a mask,
wash your hands, keep your distance.

<https://covid19.ca.gov/>

Find a COVID-19 testing site near you
Zip Code 92067

[https://www.arcgis.com/apps/Nearby/index.html?
appid=43118dc0d5d348d8ab20a81967a15401](https://www.arcgis.com/apps/Nearby/index.html?appid=43118dc0d5d348d8ab20a81967a15401)



Your Actions
Save Lives
covid19.ca.gov



eBay Wednesdays

The 3rd Wednesday of every
month, members can empty
their closets and garages of
treasures they would like to
donate. Rotary will collect
and see them on eBay and
the proceeds will go to
Future Legends.

"Clean & Gently Used Items"

Club Rotarian Recognition

Denise Korenek assumed the position of the
Presidency at the Soroptimist International of
Oceanside-Carlsbad (SIOC). [Soroptimist](https://www.siocarlsbad.org/)
was formed in 1921 in Oakland, California, at a time
when women were not permitted to join
service organizations. Their name, loosely
translated from the Latin, means best for
women.

Our Mission: A global volunteer organization
that provides women and girls with access to
the education and training they need to
achieve economic empowerment.

Our Vision: Women and girls have the re-
sources and opportunities to reach their full
potential and live their dreams.

<https://www.siocarlsbad.com>

Mark Rodriguez assumed the position of the
Presidency at the San Diego Military Advisory
Council (SDMAC) Foundation. Its primary ob-
jectives are to drive awareness of the signifi-
cant positive economic impact that the pres-
ence of the military and Veterans have on the
Southern California region.

Our Mission: The mission is to empower,
serve, and support the San Diego military and
veteran communities through education out-
reach and veteran transition initiatives.

[https://www.sdmac.org/%23/sdmac-
foundation-scholarships/](https://www.sdmac.org/%23/sdmac-foundation-scholarships/)

Club Executives

President - Robin Chappelow
President Elect - Paulette Britton
Past President - Elie Feghali
Secretary - Jerah Payne
Treasurer - Norma Wilberg
Sergeant-At-Arms - Peter Tomson

Club Board Members

Program Co-Chairs - Norma Wiberger / Heather Manion
Membership Co-Chairs - Amy Wynne / Judy Rowles
Community Outreach Co-Chair - Sophia Alsadek
Community Outreach Co-Chair - Claudia Obertreis
Web/Newsletter/Human Trafficking - Mark Rodriguez
Grants Co-Chairs - Judy Rowles / Tom Koss
Social - Jill Stiker
Director - Roshanak Clune
Director - Katherine Foster
Advisory Board Member - Mike Taylor
Advisory Board Member - Ole Prahm

RSF Rotary Foundation

Chairman RSF Foundation - Mary Murray
Vice Chairman - Cinda Lucas
Treasurer - Charles "Chuck" Badger
Secretary - Paul Gonia
Jamie Palizban
Dorinda Miller
Mike Taylor
Ole Prahm
Robin Chappelow
Don Meredith
Greg Grajek

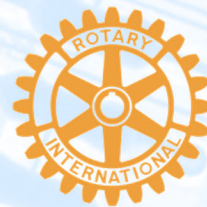




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Club of Rancho Santa Fe



Club News

New Club Members

Teri Swette

College: SDSU

Related Activities:

Her dad was a Rotarian, instrumental in designing and building Rotary Park in Lake Havasu. He had so much fun and enjoyed it immensely. She experienced first hand the good they do in a community.



Rotary Opens Opportunities

Anti-Human Trafficking

The District's focus this coming Rotary year 2020-2021 is Anti-Human Trafficking. Rancho Santa Fe Rotarian, Don Meredith produced a three-minute video entitled "The Signal" that may save lives in the fight against human trafficking. A universal hand signal has been developed to be used to discreetly signal for help. Please make sure this video circulates among fellow Rotarians, it could save a life.

<https://rotary5340.org/stories/anti-human-trafficking-is-focus-for-2020-2021/>

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District 5340 News

Volunteers Are Needed

The San Diego County Office of Emergency Services and San Diego Voluntary Organizations Active in Disaster (VOAD) have contracted with Jewish Family Services (JFS) San Diego to provide meals and groceries to over 90% of food insecure seniors in the County through their 211 system.

Team Rubicon, a volunteer disaster response organization is coordinating volunteer logistics for JFS. Volunteers are urgently needed to pick up and deliver food boxes to seniors. Deliveries are non-contact and follow safety guidelines.

Volunteers may select a morning shift (8:30 am to noon) or an afternoon shift (1-4:00 pm) and a day or days that are convenient for them. Volunteer routes are selected to promote ease of navigation within a common neighborhood. An average route size is approximately 16 boxes with a weight of about 25 pounds per box. Routes are divided regionally by day according to the following schedule:

- Mondays: Central San Diego and Mission Valley
- Tuesdays: East County
- Wednesdays: Downtown and coastal communities from La Jolla to Coronado
- Thursdays: North County
- Fridays: South County

Volunteers report to the main JFS Facility, the Joan & Irwin Jacobs Campus Community Services Building, 8804 Balboa Avenue, San Diego, CA 92123 to select their route and pick up their delivery boxes.

If you are interested in volunteering with JFS and Team Rubicon to provide senior food deliveries or would like more information about the program, please contact Chula Vista Sunrise Rotarian, Gina Woodward by email at southbayhelps@gmail.com or by text at (619)500-4864

District-Wide Service Project Opportunity (Ending Hunger. Enriching Lives)

The San Diego Coastal Rotary club would like to invite all Rotarians in the 5340 District to participate in a fun and important service project.

<https://rotary5340.org/stories/new-story-july-27-2020/>

Check Out Rotary's Learning Center

<https://rotary5340.org/stories/check-out-rotary-s-learning-center/>

While we are staying home, what better time is there for learning more about Rotary. Check out the [Rotary Learning Center](https://rotary5340.org/stories/check-out-rotary-s-learning-center/). It's a great way to build up your Rotary knowledge. There are single e-learning courses, as well as learning plans with multiple courses on each subject matter. Want to learn Rotary Basics? Fellowships? Best practices for engaging member? How to build a diverse club? Club president basics? Club secretary basics? Grant management? Membership? Mentoring? This list could go on; there is something for everyone. This is a great way for new members to get up to speed on everything Rotary. Clubs may even want to make e-learning part of the red badge requirements.

Visit the Learning Center and use your member login at <https://learn.rotary.org/learn>

Membership Seminar Slated for August 15 Saturday 9:00 - 10:30 AM (FREE Via Zoom)

This year's agenda includes topics such as Why Rotary? Why Now? Today's Rotary Club - What does it look like? It will also provide tools and resources to help clubs with their membership efforts. Don't reinvent the wheel - we have best practices to share that can easily be implemented by your club.

Who should attend? This seminar is designed specifically for club membership chairs, committee members, club presidents/president-elects and assistant governors. We'd like to see each club have four participants (one can be a member-at-large). This seminar is free, however, participants should register so that we can know which clubs participated. You can [register here](https://rotary5340.org/stories/membership-seminar-slanted-for-august-15/). If you have questions, please District Membership Resource, Dianne Crawford at 619 267-0893 or by email at dcsandiego@yahoo.com.

<https://rotary5340.org/stories/membership-seminar-slanted-for-august-15/>



Club Outreach Projects

Hotel Vouchers 4 All (July 10)

Organized by Rotarian Daniela Dale, the club came together and provided a check for \$1200 along with food and supplies for people experiencing housing insecurity during the COVID-19 pandemic. Daniela has also graciously on her own supplied dinners along with snacks and diapers to the group. <https://fundly.com/hotel-vouchers-4-all>



Community Blood Drive (July 16)

The RSF Community Blood Drive was the largest turnout of the day with 39 people registered and collected 34 units that will help save the lives of 102 people.



Rotary Club of Ranch Santa Fe Food Drive (June 13)

Organized by Claudia Obertreis & Sophia Alsadek, local Rotarians collected non-perishable food donations to help local food banks during this time of high need. 100% went to food banks in our local communities including Saint Andres's Episcopal Food Pantry and Ocean Knoll Elementary.



ReadySanDiego

Prepare. Plan. Stay Informed

New Personal Disaster Plan

<https://www.readysandiego.org/content/oesready/en-us.html>

Disaster Preparedness:

- 1) Make A Plan
- 2) Build A Kit
- 3) Stay Informed
- 4) Get Involved

San Diego County Emergency Site

Register for **AlertSanDiego**, the emergency notification system.

<https://www.sdcountyemergency.com/content/oesemergency/en-us.html>